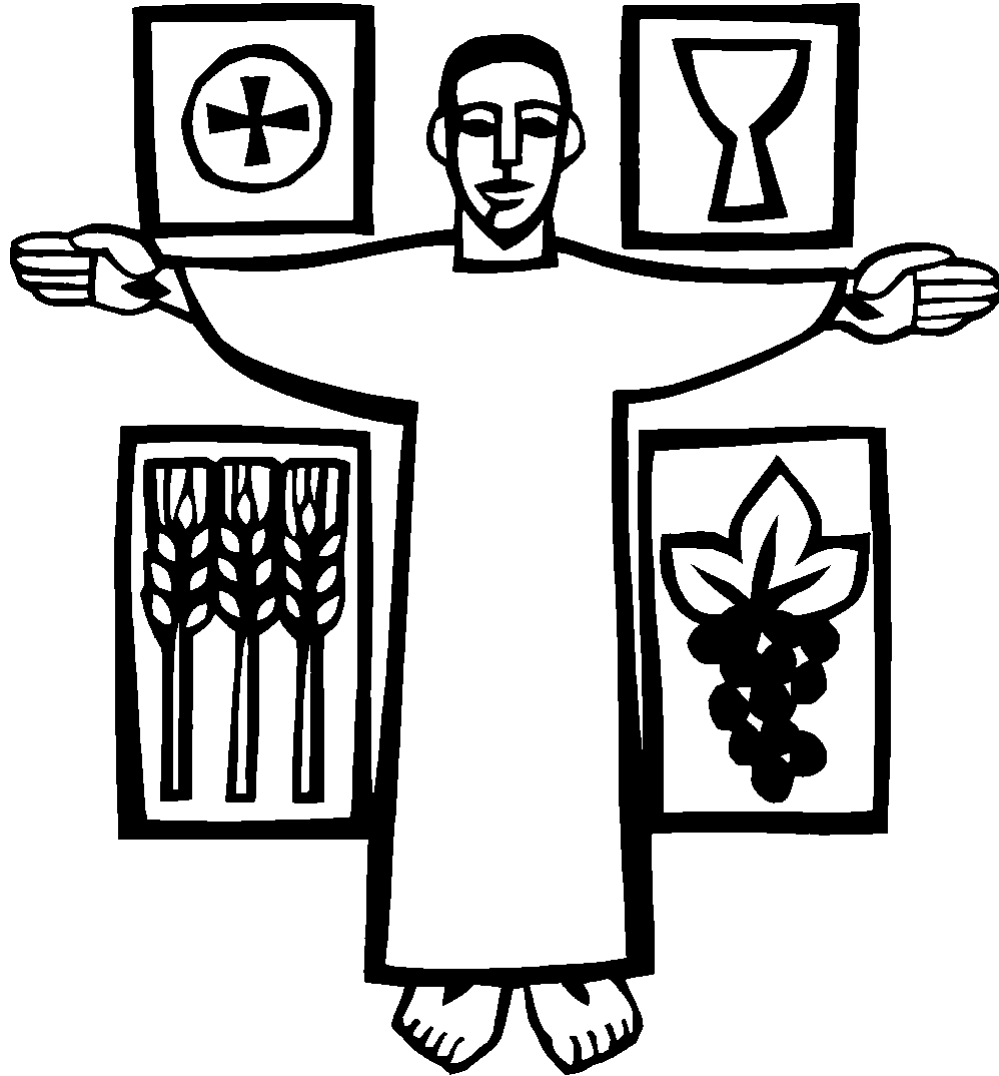


XII Pentecost

Hear the Word. Break the Bread. Share the Love.



Holy Eucharist

August 11, 2024

10:30 a.m.

Saint Alban's Episcopal Church Welcomes You

130 39th Ave. Pl. NW, Hickory, NC 28601

(828) 324-1351

*Welcome to St. Alban's. We are grateful for your presence.
Cloth pew bags are now available for our younger worshippers.
Please return to the basket as you depart.*

Prelude

The Liturgy of the Word

Processional Hymn

Praise, my soul, the King of heaven

Hymnal 410

Opening Acclamation

BCP p. 355

The people standing, the Celebrant says

Blessed be God: Father, Son, and Holy Spirit.

People And blessed be his kingdom, now and for ever. Amen.

Collect for Purity (Celebrant and People)

BCP p. 355

Almighty God, to you all hearts are open, all desires known, and from you no secrets are hid: Cleanse the thoughts of our hearts by the inspiration of your Holy Spirit, that we may perfectly love you, and worthily magnify your holy Name; through Christ our Lord. *Amen.*

Gloria

Hymnal S 278

Glory to God in the highest, and peace to his people on earth. Lord God, heavenly King, almighty God and Father, we worship you, we give you thanks, we praise you for your glory. Lord Jesus Christ, only Son of the Father, Lord God, Lamb of God, you take away the sin of the world; have mercy on us; you are seated at the right hand of the Father: receive our prayer. For you alone are the Holy One, you alone are the Lord, you alone are the Most High, Jesus Christ, with the Holy Spirit, in the glory of God the Father. Amen.

The Collect of the Day

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Grant to us, Lord, we pray, the spirit to think and do always those things that are right, that we, who cannot exist without you, may by you be enabled to live according to your will; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, for ever and ever. *Amen.*

The Lesson: 2 Samuel 18:5-9, 15, 31-33 *The people sit.*

A Reading from the Book of Second Samuel.

The king, David, ordered Joab and Abishai and Ittai, saying, "Deal gently for my sake with the young man Absalom." And all the people heard when the king gave orders to all the commanders concerning Absalom. So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. The battle spread over the face of all the country; and the forest claimed more victims that day than the sword. Absalom happened to meet the servants of David.

Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on.

And ten young men, Joab's armor-bearers, surrounded Absalom and struck him, and killed him.

Then the Cushite came; and the Cushite said, "Good tidings for my lord the king! For the Lord has vindicated you this day, delivering you from the power of all who rose up against you." The king said to the Cushite, "Is it well with the young man Absalom?" The Cushite answered, "May the enemies of my lord the king, and all who rise up to do you harm, be like that young man."

The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, "O my son Absalom, my son, my son Absalom! Would I had died instead of you, O Absalom, my son, my son!"

Reader The Word of the Lord.
People Thanks be to God.

The Gradual: Psalm 130 (*Spoken in unison*)

¹Out of the depths have I called to you, O LORD;
LORD, hear my voice; *
 let your ears consider well the voice of my supplication.
²If you, LORD, were to note what is done amiss, *
 O LORD who could stand?
³For there is forgiveness with you; *
 therefore you shall be feared.
⁴I wait for the LORD; my soul waits for him; *
 in his word is my hope.
⁵My soul waits for the LORD,
more than watchmen for the morning, *
 more than watchmen for the morning.
⁶O Israel, wait for the LORD, *
 for with the LORD there is mercy;
⁷With him there is plenteous redemption, *
 and he shall redeem Israel from all their sins.

The Epistle: Ephesians 4:25-5:2

A Reading from Paul's Letter to the Church in Ephesus.

²⁵So then, putting away falsehood, let all of us speak the truth to our neighbors, for we are members of one another. ²⁶Be angry but do not sin; do not let the sun go down on your anger, ²⁷and do not make room for the devil. ²⁸Thieves must give up stealing; rather let them labor and work honestly with their own hands, so as to have something to share with the needy. ²⁹Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. ³⁰And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. ³¹Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, ³²and be kind to one another, tenderhearted, forgiving one another, as God in Christ has forgiven you. ^{5:1}Therefore be imitators of God, as beloved children, ²and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

Reader The Word of the Lord.
People Thanks be to God.

The Holy Gospel: John 6:35, 41-51

The Holy Gospel of our Lord Jesus Christ according to John.

People Glory to you, Lord Christ.

³⁵Jesus said, "I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty." ⁴¹Then the Jews began to complain about him because he said, "I am the bread that came down from heaven." ⁴²They were saying, "Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, 'I have come down from heaven'?" ⁴³Jesus answered them, "Do not complain among yourselves. ⁴⁴No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day. ⁴⁵It is written in the prophets, 'And they shall all be taught by God.' Everyone who has heard and learned from the Father comes to me. ⁴⁶Not that anyone has seen the Father except the one who is from God; he has seen the Father. ⁴⁷Very truly, I tell you, whoever believes has eternal life. ⁴⁸I am the bread of life. ⁴⁹Your ancestors ate the manna in the wilderness, and they died. ⁵⁰This is the bread that comes down from heaven, so that one may eat of it and not die. ⁵¹I am the living bread that came down from heaven. Whoever eats of this bread will live forever; and the bread that I will give for the life of the world is my flesh."

The Gospel of the Lord.

People Praise to you, Lord Christ.

The Sermon

The Rev. Anne Bridgers

The Nicene Creed *(People stand)*

We believe in one God, the Father, the Almighty, maker of heaven and earth, of all that is, seen and unseen. We believe in one Lord, Jesus Christ, the only Son of God, eternally begotten of the Father, God from God, Light from Light, true God from true God, begotten, not made, of one Being with the Father. Through him all things were made. For us and for our salvation he came down from heaven: by the power of the Holy Spirit he became incarnate from the Virgin Mary, and was made man. For our sake he was crucified under Pontius Pilate; he suffered death and was buried. On the third day he rose again in accordance with the Scriptures; he ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead, and his kingdom will have no end.

We believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son. With the Father and the Son he is worshiped and glorified. He has spoken through the Prophets. We believe in one holy catholic and apostolic Church. We acknowledge one baptism for the forgiveness of sins. We look for the resurrection of the dead, and the life of the world to come. Amen.

The Prayers of the People FORM III

BCP p. 387-388

The Leader and People pray responsively

Father, we pray for your holy Catholic Church;

People ***That we all may be one.***

Grant that every member of the Church may truly and humbly serve you; That your Name may be glorified by all people, remembering especially Michael, Presiding Bishop, José, our Bishop, and Sean, Presiding Bishop-elect, we pray for all bishops, priests, and deacons; and in the Diocesan Cycle of Prayer, La Capilla de Santa Maria, Hendersonville, St. Mary of the Hills, Blowing Rock, St. Mary's, Asheville.

People *That they may be faithful ministers of your Word and Sacraments.*

Remembering especially, Joe, our president, legislatures and the courts of our land, we pray for all who govern and hold authority in the nations of the world;

People *That there may be justice and peace on the earth.*

Give us grace to do your will in all that we undertake;

People *That our works may find favor in your sight.*

Remembering especially all those on our Parish Prayer List, have compassion on those who suffer from any grief or trouble;

People *That they may be delivered from their distress.*

Give to the departed eternal rest;

People *Let light perpetual shine upon them.*

We praise you for your saints who have entered into joy;

People *May we also come to share in your heavenly kingdom.*

Let us pray for our own needs and those of others.

Silence

The People may add their own petitions.

The Celebrant adds a concluding Collect.

Confession *(Celebrant)*

(Stand or kneel)

BCP p.360

Let us confess our sins against God and our neighbor.

Silence may be kept.

Minister and People

Most merciful God, we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbors as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us; that we may delight in your will, and walk in your ways, to the glory of your Name.
Amen.

Absolution *(Celebrant)*

BCP p. 360

Almighty God have mercy on you, forgive you all your sins through our Lord Jesus Christ, strengthen you in all goodness, and by the power of the Holy Spirit keep you in eternal life. *Amen.*

The Peace

Celebrant The peace of the Lord be always with you.

People And also with you.

Then the Ministers and the People may greet one another in the name of the Lord.

The Holy Communion

The Doxology (*Hymn 43, verse 3*)

Praise God, from whom all blessings flow; praise him all the creatures here below; praise him above the heavenly host; praise Father, Son and Holy Ghost.

The Great Thanksgiving Eucharistic Prayer A
The People remain standing. The Celebrant continues

BCP p. 361

 The Lord be with you.
People And also with you.
Celebrant Lift up your hearts.
People We lift them to the Lord.
Celebrant Let us give thanks to the Lord our God.
People It is right to give him thanks and praise.

Facing the Holy Table, the Celebrant proceeds

It is right, and a good and joyful thing, always and everywhere to give thanks to you, Father Almighty, Creator of heaven and earth.

Here a Proper Preface is said.

Therefore we praise you, joining our voices with Angels and Archangels and with all the company of heaven, who for ever sing this hymn to proclaim the glory of your Name:

Sanctus
Celebrant and People

Hymnal S 129

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

 Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

 Hosanna in the highest.

The People stand or kneel, as the Celebrant continues

Holy and gracious Father: In your infinite love you made us for yourself; and, when we had fallen into sin and become subject to evil and death, you, in your mercy, sent Jesus Christ, your only and eternal Son, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all.

He stretched out his arms upon the cross, and offered himself in obedience to your will, a perfect sacrifice for the whole world.

At the following words concerning the bread, the Celebrant is to hold it or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was handed over to suffering and death, our Lord Jesus Christ took bread; and when he had given thanks to you, he broke it, and gave it to his disciples, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Therefore we proclaim the mystery of faith:

Celebrant and People

Christ has died.

Christ is risen.

Christ will come again.

The Celebrant continues

We celebrate the memorial of our redemption, O Father, in this sacrifice of praise and thanksgiving. Recalling his death, resurrection, and ascension, we offer you these gifts.

Sanctify them by your Holy Spirit to be for your people the Body and Blood of your Son, the holy food and drink of new and unending life in him. Sanctify us also that we may faithfully receive this holy Sacrament, and serve you in unity, constancy, and peace; and at the last day bring us with all your saints into the joy of your eternal kingdom.

All this we ask through your Son Jesus Christ. By him, and with him, and in him, in the unity of the Holy Spirit all honor and glory is yours, Almighty Father, now and for ever. *AMEN.*

As our Savior Christ has taught us, we now pray,

People and Celebrant

Our Father, who art in heaven,
hallowed be thy Name,
thy kingdom come,
thy will be done, on earth as it is in heaven.

Give us this day our daily bread.

And forgive us our trespasses,
as we forgive those who trespass against us.

And lead us not into temptation,
but deliver us from evil.

For thine is the kingdom,
and the power, and the glory,
forever and ever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Christ our Passover is sacrificed for us;

Therefore let us keep the feast.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God.

The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.

Gluten free waters are available upon request at the altar rail.

Two chalices are offered at the altar rail. The first one is offered to those who prefer to drink from the cup.

The second chalice follow for those who prefer to intinct (dip) the wafer in the wine before consuming.

Please hold the wafer in your open palm to indicate your preference to the server.

The Communion of the People

The Bread and the Cup are given to the communicants with these words

The Body of Christ, the bread of heaven.

The Blood of Christ, the cup of salvation.

Communion Hymn

Let us break bread together on our knees

Hymnal 325

Post-Communion Prayer

BCP p. 365

Let us pray.

Eternal God, heavenly Father, you have graciously accepted us as living members of your Son our Savior Jesus Christ, and you have fed us with spiritual food in the Sacrament of his Body and Blood. Send us now into the world in peace, and grant us strength and courage to love and serve you with gladness and singleness of heart; through Christ our Lord. Amen.

The Blessing

Glory to God whose power, working in us, can do infinitely more than we can ask or imagine: Glory to him from generation to generation in the Church, and in Christ Jesus for ever and ever. And the blessing of God, Father, Son and Holy Spirit be with you now and always. *Amen.*

Recessional Hymn

Deck thyself, my soul, with gladness

Hymnal 339

Dismissal

Go in peace to love and serve the Lord.

People Thanks be to God.

Postlude

***We gather for refreshments in the Commons Room immediately following the service.
All are welcome to participate and check out the kiosk for more ways to serve the Lord!***

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