

1 Lent

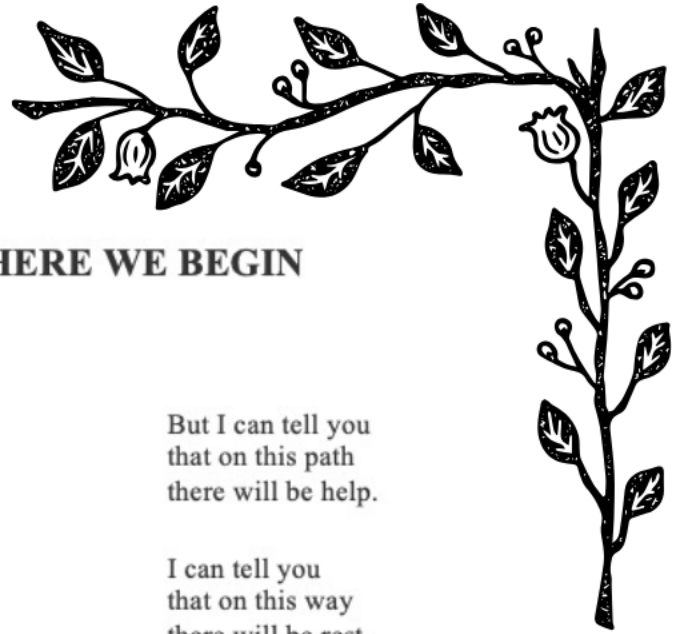


Holy Eucharist II

March 9, 2025
10:30 p.m.

Saint Alban's Episcopal Church Welcomes You
130 39th Ave. Pl. NW, Hickory, NC 28601
(828) 324-1351

*Welcome to St. Alban's. We are grateful for your presence.
Cloth pew bags are available for our younger worshippers.
Please return to the basket as you depart.*



BELOVED IS WHERE WE BEGIN

If you would enter
into the wilderness,
do not begin
without a blessing.

Do not leave
without hearing
who you are:
Beloved,
named by the One
who has traveled this path
before you.

Do not go
without letting it echo
in your ears,
and if you find
it is hard
to let it into your heart,
do not despair.
That is what
this journey is for.

I cannot promise
this blessing will free you
from danger,
from fear,
from hunger
or thirst,
from the scorching
of sun
or the fall
of the night.

But I can tell you
that on this path
there will be help.

I can tell you
that on this way
there will be rest.

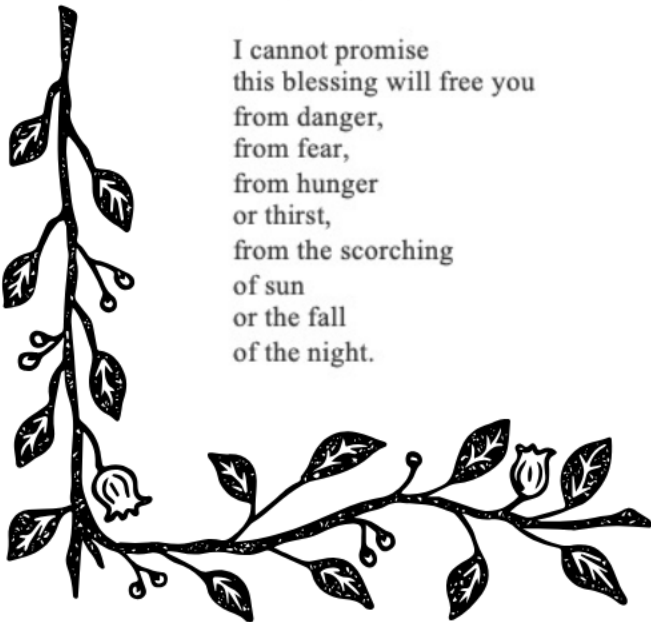
I can tell you
that you will know
the strange graces
that come to our aid
only on a road
such as this,
that fly to meet us
bearing comfort
and strength,
that come alongside us
for no other cause
than to lean themselves
toward our ear
and with their
curious insistence
whisper our name:

Beloved.

Beloved.

Beloved.

— Jan Richardson —
*Circle of Grace: A Book of
Blessings for the Season*



The Word of God

We begin the Holy Season of Lent with The Great Litany. People remain standing during the procession.

The Great Litany

BCP p. 148

O God the Father, Creator of heaven and earth,
Have mercy upon us.

O God the Son, Redeemer of the world,
Have mercy upon us.

O God the Holy Ghost, Sanctifier of the faithful,
Have mercy upon us.

O holy, blessed, and glorious Trinity, one God,
Have mercy upon us.

Remember not, Lord Christ, our offenses, nor the offenses of our forefathers; neither reward us according to our sins. Spare us, good Lord, spare thy people, whom thou hast redeemed with thy most precious blood, and by thy mercy preserve us for ever.

Spare us, good Lord.

From all evil and wickedness; from sin; from the crafts and assaults of the devil; and from everlasting damnation,

Good Lord, deliver us.

From all blindness of heart; from pride, vainglory, and hypocrisy; from envy, hatred, and malice; and from all want of charity,

Good Lord, deliver us.

From all inordinate and sinful affections; and from all the deceits of the world, the flesh, and the devil,

Good Lord, deliver us.

From all false doctrine, heresy, and schism; from hardness of heart, and contempt of thy Word and commandment,

Good Lord, deliver us.

From lightning and tempest; from earthquake, fire, and flood; from plague, pestilence, and famine,

Good Lord, deliver us.

From all oppression, conspiracy, and rebellion; from violence, battle, and murder; and from dying suddenly and unprepared,

Good Lord, deliver us.

By the mystery of thy holy Incarnation; by thy holy Nativity and submission to the Law; by thy Baptism, Fasting, and Temptation,

Good Lord, deliver us.

By thine Agony and Bloody Sweat; by thy Cross and Passion; by thy precious Death and Burial; by thy glorious Resurrection and Ascension; and by the Coming of the Holy Ghost,

Good Lord, deliver us.

In all time of our tribulation; in all time of our prosperity; in the hour of death, and in the day of judgment,

Good Lord, deliver us.

We sinners do beseech thee to hear us, O Lord God; and that it may please thee to rule and govern thy holy Church Universal in the right way,

We beseech thee to hear us, good Lord.

That it may please thee to illumine all bishops, priests, and deacons, with true knowledge and understanding of thy Word; and that both by their preaching and living, they may set it forth, and show it accordingly,

We beseech thee to hear us, good Lord.

That it may please thee to bless and keep all thy people,

We beseech thee to hear us, good Lord.

That it may please thee to send forth laborers into thy harvest, and to draw all mankind into thy kingdom,

We beseech thee to hear us, good Lord.

That it may please thee to give to all people increase of grace to hear and receive thy Word, and to bring forth the fruits of the Spirit,

We beseech thee to hear us, good Lord.

That it may please thee to bring into the way of truth all such as have erred, and are deceived,

We beseech thee to hear us, good Lord.

That it may please thee to give us a heart to love and fear thee, and diligently to live after thy commandments,

We beseech thee to hear us, good Lord.

That it may please thee so to rule the hearts of thy servants, the President of the United States, and all others in authority, that they may do justice, and love mercy, and walk in the ways of truth,

We beseech thee to hear us, good Lord.

That it may please thee to make wars to cease in all the world; to give to all nations unity, peace, and concord; and to bestow freedom upon all peoples,

We beseech thee to hear us, good Lord.

That it may please thee to show thy pity upon all prisoners and captives, the homeless and the hungry, and all who are desolate and oppressed,

We beseech thee to hear us, good Lord.

That it may please thee to give and preserve to our use the bountiful fruits of the earth, so that in due time all may enjoy them,

We beseech thee to hear us, good Lord.

That it may please thee to inspire us, in our several callings, to do the work which thou givest us to do with singleness of heart as thy servants, and for the common good,

We beseech thee to hear us, good Lord.

That it may please thee to preserve all who are in danger by reason of their labor or their travel,

We beseech thee to hear us, good Lord.

That it may please thee to preserve, and provide for, all women in childbirth, young children and orphans, the widowed, and all whose homes are broken or torn by strife,

We beseech thee to hear us, good Lord.

That it may please thee to visit the lonely; to strengthen all who suffer in mind, body, and spirit; and to comfort with thy presence those who are failing and infirm,

We beseech thee to hear us, good Lord.

That it may please thee to support, help, and comfort all who are in danger, necessity, and tribulation,

We beseech thee to hear us, good Lord.

That it may please thee to have mercy upon all mankind,

We beseech thee to hear us, good Lord.

That it may please thee to give us true repentance; to forgive us all our sins, negligences, and ignorances; and to endue us with the grace of thy Holy Spirit to amend our lives according to thy holy Word,

We beseech thee to hear us, good Lord.

That it may please thee to forgive our enemies, persecutors, and slanderers, and to turn their hearts,

We beseech thee to hear us, good Lord.

That it may please thee to strengthen such as do stand; to comfort and help the weak-hearted; to raise up those who fall; and finally to beat down Satan under our feet,

We beseech thee to hear us, good Lord.

That it may please thee to grant to all the faithful departed eternal life and peace,

We beseech thee to hear us, good Lord.

That it may please thee to grant that, in the fellowship of Alban and all the saints, we may attain to thy heavenly kingdom,

We beseech thee to hear us, good Lord.

Son of God, we beseech thee to hear us.

Son of God, we beseech thee to hear us.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

Have mercy upon us.

O Lamb of God, that takest away the sins of the world,

Grant us thy peace.

O Christ, hear us.

O Christ, hear us.

Lord, have mercy upon us.

Christ, have mercy upon us.

Lord, have mercy upon us.

Bless the Lord, who forgives all our sins

People ***His mercy endures forever.***

The Collect of the Day

BCP p. 357

Celebrant The Lord be with you.

People And also with you.

Celebrant Let us pray.

Almighty God, whose blessed Son was led by the Spirit to be tempted by Satan: Come quickly to help us who are assaulted by many temptations; and, as you know the weaknesses of each of us, let each one find you mighty to save; through Jesus Christ your Son our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. *Amen.*

First Reading: Deuteronomy 26:1-11 *(The people sit.)*

A Reading from the Book of Deuteronomy.

¹When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, ²you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. ³You shall go to the priest who is in office at that time, and say to him, "Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us." ⁴When the priest takes the basket from your hand and sets it down before the altar of the

LORD your God, ⁵you shall make this response before the LORD your God: “A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. ⁶When the Egyptians treated us harshly and afflicted us, by imposing hard labor on us, ⁷we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. ⁸The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; ⁹and he brought us into this place and gave us this land, a land flowing with milk and honey. ¹⁰So now I bring the first of the fruit of the ground that you, O LORD, have given me.” You shall set it down before the LORD your God and bow down before the LORD your God. ¹¹Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Reader The Word of the Lord.
People Thanks be to God.

Psalm: Psalm 91:1-2, 9-16 *(Spoken in unison as the People remain seated.)*

¹He who dwells in the shelter of the Most High, *
 abides under the shadow of the Almighty.
²He shall say to the LORD,
“You are my refuge and my stronghold, *
 my God in whom I put my trust.”
⁹Because you have made the LORD your refuge, *
 and the Most High your habitation,
¹⁰There shall no evil happen to you, *
 neither shall any plague come near your dwelling.
¹¹For he shall give his angels charge over you, *
 to keep you in all your ways.
¹²They shall bear you in their hands, *
 lest you dash your foot against a stone.
¹³You shall tread upon the lion and the adder; *
 you shall trample the young lion and the serpent under your feet.
¹⁴Because he is bound to me in love,
therefore will I deliver him; *
 I will protect him, because he knows my Name.
¹⁵He shall call upon me, and I will answer him; *
 I am with him in trouble;
 I will rescue him and bring him to honor.
¹⁶With long life will I satisfy him, *
 and show him my salvation.

Second Reading: Romans 10:8b-13 *(The people sit.)*

A Reading from Paul's Letter to the Church in Rome.

^{8b}“The word is near you,
 on your lips and in your heart”
(that is, the word of faith that we proclaim); ⁹because if you confess with your lips that Jesus is Lord and believe in your heart that God raised him from the dead, you will be saved. ¹⁰For one believes with the heart and so is justified, and one confesses with the mouth and so is saved. ¹¹The scripture says, “No one who believes in him will be put to shame.” ¹²For there is no distinction between Jew and Greek; the same Lord is Lord of all and is generous to all who call on him. ¹³For, “Everyone who calls on the name of the Lord shall be saved.”

Reader The Word of the Lord.
People Thanks be to God.

Holy Gospel: Luke 4:1-13

(All stand.)

The Holy Gospel of our Lord Jesus Christ according to Luke.

People Glory to you, Lord Christ.

After his baptism, ¹Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, ²where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. ³The devil said to him, "If you are the Son of God, command this stone to become a loaf of bread." ⁴Jesus answered him, "It is written, 'One does not live by bread alone.'"

⁵Then the devil led him up and showed him in an instant all the kingdoms of the world. ⁶And the devil said to him, "To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. ⁷If you, then, will worship me, it will all be yours." ⁸Jesus answered him, "It is written, 'Worship the Lord your God, and serve only him.'"

⁹Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, "If you are the Son of God, throw yourself down from here, ¹⁰for it is written,

'He will command his angels concerning you, to protect you,'

¹¹and

'On their hands they will bear you up, so that you will not dash your foot against a stone.'"

¹²Jesus answered him, "It is said, 'Do not put the Lord your God to the test.'" ¹³When the devil had finished every test, he departed from him until an opportune time.

The Gospel of the Lord.

People Praise to you, Lord Christ.**The Sermon**

The Rev. Anne Bridgers

The Prayers of the People *(People stand or kneel)*

In this season of repentance and renewal, Let us pray for the concerns of the Church and the world, saying "God, in your mercy, Renew us."

For the whole Church of God, and for all its members:

May the Church truly become the unified body of Christ, hearing and living out God's call in the world. We pray for all baptized Christians in their ministries, for Sean, our Presiding Bishop, for Jose, our bishop and for all clergy and other ministers.

God in your mercy,

Renew us

For our nation and every nation:

May all people learn to live together in peace, respecting one another's differences and autonomy. May all leaders be ever mindful of their responsibilities to their own people and to others in the world. We pray for our President, Congress, Courts, state and local officials, and for all leaders around the world.

God, in your mercy,

Renew us

For this community and all communities:

May we live together in love and harmony, striving for the building up of all members, for wholeness and justice, striving until none are left behind.

God, in your mercy,

Renew us

For the concerns of the whole world:

May those who face natural disaster find grace and relief; may those who face conflict and war find a loving spirit; and may all of us come to treat our neighbors as ourselves so that we and all this world may truly come to be God's new creation.

God, in your mercy,

Renew us

For all those who are in any pain or sorrow: especially all those on our Parish Prayer List, may they come to know your love and care and be brought to wholeness; for those who suffer in body, mind, or spirit; for the poor, the persecuted, and those in prison; for those who are lonely, homeless, or hungry; for all those we now remember...

God in your mercy,

Renew us

For all the blessings of this life:

May we truly celebrate the life we have been given and our time with one another; for new beginnings, anniversaries, and birthdays, and for all the joys of this life; we thank you for all other thanksgivings we now offer, silently or aloud...

God, in your mercy,

Renew us

For all who have died:

May those who now live in the joy of God's presence with blessed Alban and all the saints find their rest in God's peace, We pray for those we now name, silently or aloud...

God, in your mercy,

Renew us

Presider

O God, whose desire it is for all people to turn to you and be renewed in your love, grant these prayers in your mercy and according to your will; through Jesus Christ our Lord who lives and reigns with you and the Holy Spirit, One God, forever and ever. *Amen.*

The Peace

(All stand.)

BCP p. 360

Celebrant
People

The peace of the Lord be always with you.
And also with you.

The Holy Communion

Offertory Anthem

I Want Jesus to Walk with Me

arr. Helgen

Doxology

(People stand as offering is presented)

Hymn 380, verse 3

Praise God, from whom all blessings flow; praise him all the creatures here below; praise him above the heavenly host; praise Father, Son and Holy Ghost.

The Great Thanksgiving

Eucharistic Prayer C *(Stand or kneel)*

BCP p. 369

The People remain standing.

Celebrant The Lord be with you.

People And also with you.

Celebrant Lift up your hearts.

People We lift them to the Lord.

Celebrant Let us give thanks to the Lord our God.

People It is right to give him thanks and praise.

The Celebrant continues

God of all power, Ruler of the Universe, you are worthy of glory and praise.

Glory to you for ever and ever.

At your command all things came to be: the vast expanse of interstellar space, galaxies, suns, the planets in their courses, and this fragile earth, our island home.

By your will they were created and have their being.

From the primal elements you brought forth the human race, and blessed us with memory, reason, and skill.

You made us the rulers of creation. But we turned against you, and betrayed your trust; and we turned against one another.

Have mercy, Lord, for we are sinners in your sight.

Again and again, you called us to return. Through prophets and sages you revealed your righteous Law. And in the fullness of time you sent your only Son, born of a woman, to fulfill your Law, to open for us the way of freedom and peace.

By his blood, he reconciled us.

By his wounds, we are healed.

And therefore we praise you, joining with the heavenly chorus, with prophets, apostles, and martyrs, and with all those in every generation who have looked to you in hope, to proclaim with them your glory, in their unending hymn:

Sanctus

S-129

Celebrant and People

Holy, holy, holy Lord, God of power and might,
heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

Hosanna in the highest.

The Celebrant continues

And so, Father, we who have been redeemed by him, and made a new people by water and the Spirit, now bring before you these gifts. Sanctify them by your Holy Spirit to be the Body and Blood of Jesus Christ our Lord.

At the following words concerning the bread, the Celebrant is to hold it, or lay a hand upon it; and at the words concerning the cup, to hold or place a hand upon the cup and any other vessel containing wine to be consecrated.

On the night he was betrayed he took bread, said the blessing, broke the bread, and gave it to his friends, and said, "Take, eat: This is my Body, which is given for you. Do this for the remembrance of me."

After supper, he took the cup of wine, gave thanks, and said, "Drink this, all of you: This is my Blood of the new Covenant, which is shed for you and for many for the forgiveness of sins. Whenever you drink it, do this for the remembrance of me."

Remembering now his work of redemption, and offering to you this sacrifice of thanksgiving,

We celebrate his death and resurrection, as we await the day of his coming.

Lord God of our Fathers; God of Abraham, Isaac, and Jacob; God and Father of our Lord Jesus Christ: Open our eyes to see your hand at work in the world about us. Deliver us from the presumption of coming to this Table for solace only, and not for strength; for pardon only, and not for renewal. Let the grace of this Holy Communion make us one body, one spirit in Christ, that we may worthily serve the world in his name.

Risen Lord, be known to us in the breaking of the Bread.

Accept these prayers and praises, Father, through Jesus Christ our great High Priest, to whom, with you and the Holy Spirit, your Church gives honor, glory, and worship, from generation to generation. *AMEN.*

The Lord's Prayer

BCP p. 363

As our Savior Christ has taught us, we now pray,

People and Celebrant

Our Father in heaven,
hallowed be your Name,
your kingdom come,
your will be done, on earth as in heaven.

Give us today our daily bread.

Forgive us our sins
as we forgive those who sin against us.

Save us from the time of trial
and deliver us from evil.

For the kingdom, the power,
and the glory are yours,
now and forever. Amen.

The Breaking of the Bread

The Celebrant breaks the consecrated Bread. A period of silence is kept.

Fraction Anthem

S-164

Jesus, Lamb of God: have mercy on us.

Jesus, bearer of our sins: have mercy on us.

Jesus, redeemer, redeemer of the world:

Give us your peace, give us your peace.

Facing the people, the Celebrant says the following Invitation

The Gifts of God for the People of God. Take them in remembrance that Christ died for you,
and feed on him in your hearts by faith, with thanksgiving.

*The ministers receive the Sacrament in both kinds, and then immediately deliver it to the people.
Gluten free waters are available upon request at the altar rail.*

*Two chalices are offered at the altar rail. The first one is offered to those who prefer to drink from the cup.
The second chalice follow for those who prefer to intinct (dip) the wafer in the wine before consuming.*

Please hold the wafer in your open palm to indicate your preference to the server.

Communion Hymn *Lord, who throughout these forty days* Hymnal 142

The Post-Communion Prayer BCP p. 365

After Communion, the Celebrant says

Let us pray.

Celebrant and People

Almighty and everliving God, we thank you for feeding us with the spiritual food of the most precious Body and Blood of your Son our Savior Jesus Christ; and for assuring us in these holy mysteries that we are living members of the Body of your Son, and heirs of your eternal kingdom. And now, Father, send us out to do the work you have given us to do, to love and serve you as faithful witnesses of Christ our Lord. To him, to you, and to the Holy Spirit, be honor and glory, now and for ever. Amen.

Solemn Prayer over the People

Grant, almighty God, that your people may recognize their weakness and put their whole trust in your strength, so that they may rejoice for ever in the protection of your loving providence, through Jesus Christ our Lord. Amen.

Recessional Hymn *Lead us, heavenly Father, lead us* Hymnal 559

Dismissal

Let us bless the Lord.

u Thanks be to God.

Postlude *Pensive Postlude* R. Führer

***We gather for refreshments in the Commons Room immediately following the service.
All are welcome to participate
and check out the kiosk for more ways to Walk in Love!***

Keeping a Holy Lent at St. Alban's

Ash Wednesday Services

Wednesday, March 5

Noon & 7 p.m.

Opportunities after Church

March 9 - Ukranian Egg (Pysanky)

March 16 - Gesundheit Bags

March 23 - Notes for Blessing Bags

March 30 - Blessing Bags

Wednesday Soup & Program

Lord Teach Us: The Lord's Prayer & Christian Life

March 12

March 19

March 26

April 2

April 9

*Meals begin at 6 p.m.
Program begin at 6:30 p.m.
Sign up at the Kiosk in the
Commons Room.*



RISE Against Hunger

Saturday, March 22, 10 a.m. - Noon

Palm Sunday: April 13

Holy Week

Maundy Thursday, April 17, 7 p.m.

Good Friday, April 18, Noon

Holy Saturday Liturgy, April 19, 9 a.m.